1.1.155
a Lesson in the University of The New Covenant
Theodore Cottingham, December 19, 2003
www.unc.bz

1. I love you. I forgive you. Arise. Arise and let Me flow. Those of you who know Me, know My voice, know My precepts and deep love for you and My people, My body, My creation, arise, and let Me flow. Let Me flow to people around you so they know Me more and feel My presence and see Me for who I am—a god, The God of freedom and not control and rules, and not inferior to any other person, state, or other god.

2. I am Me. I love. I am love. I am My people incarnate in My people. I want to be Me and allow the fullness of Me to arise in My creation, for therein is fullness of joy and abundance, by means of obedience and confidence and assurance and My presence manifested, across the spectrum of decisions that all have to make.

3. I love you. Arise forgiven, and let Me flow. Sin no more. Arise arisen, loved, chastised not, recognized yes. Flow in Me and wallow not in the knowledge of what you did or should not have done. I love you. Arise with healing in your wings for those around you, as I heal and forgive and forge and call you to purity—purified in Me by My blood, My blood now, and My blood shed for you on Calvary.

4. Calvary, the Cross, redemption redeemed you to walk in your privilege, your birthright, for Me, with Me in intimate relationship.

5. Arise arisen and let My words flow through you to My world.

6. Arise My beloved, young and old, discrete and boisterous, loud and soft, bombastic or shy—I love you and empower you this day to receive Me, not timidly but with boldness and bold clarity of enunciation and pronunciation of My words with your healing—your introduction that these are My words.

7. Can you see Me, can you hear Me, will you allow My words to flow through you? Come, now, come now, test Me, come into My chambers with your pen and tablet and in surrendered consecration of purity—receive what I have. Come now—as you are and let Me clarify who I am and all I have for you, and how My design is fabricated into your being—and what will make you happy and fulfilled and what lingers only for a moment, but forfeits glories of grace eternal.

8. I love you—come as your are and wait not to feel perfectly clean and righteous or holy to come. Come now and let Me wash and cleanse while revealing Myself to you this day.

9. I love you with a pure love and My love is pure and My love significances after cleansing and repairing and restoring and cleansing—over time—often over time—allowing Me to make Myself known in powerfully fulfilling ways.

10. Adventure, Ted, adventure My beloved ones. Come as you are. Come as you are and let Me flow and righteous altogether we will become as one.

11. I love you, I love you, I love you. Come and let Me speak and flow from My heart to your ink pen, your pencil, your heart, your friends and family and those behind you.

12. I love you. My all for your all. All Me for all you. What an exchange! I am a giver and I withhold nothing this day. Today is the day—final release, further release, freedom and cleansing and cleansing in freedom—washed by Me and My words and My Word and My family of love who let love flow in tangible, such tangible ways of words and actions.

13. Of Me, of Me, of Me—My beloved ones—I love you. You came through Me. I endorsed you, I redeemed you, to the point of redemption chosen, by you. There's so much more of Me, for you, for you, for you My beloved; you, My daughter, My son, My young, My old, My fresh and tender, My withered.

14. I love you—refresh yourself in the flow now of My love to you and tender be with yourself—allowing yourself to flourish in Me and My words to you this day, and through you—if you'll allow Me.

15. I love you tender. I love you now. I love you completely.
I love you. Flow Me to you, through you—to all.

16. I will see you soon in ways unexpected and you will recognize My face, My hands, My words, My presence, like never before.

17. Healing comes, healing flows, healing redeems.
Healing I am. I am healing—in My wings—in My presence.

18. Be Me and be fulfilled.
I thank you, I thank you, I thank you.